



## The Vojta Principle

# It's application in the early treatment of babies and in the rehabilitation of children, adolescents and adults

Course in "Applied developmental kinesiology for babies, children, and adolescents with movement disorders" (A, B, C and D Course)

### Course content:

Human ontogenesis ■ Postural reactions in their ideal and abnormal gestalt ■ Dynamics of the primitive reflexes ■ Comparative biological basis to innate locomotion ■ Reflex locomotion: reflex creeping, reflex rolling ■ Facilitation ■ Functional anatomy, with particular focus on locomotion ■ Muscle function differentiation ■ Movement analogies between reflex locomotion and motor ontogeny ■ Kinesiological analysis of normal and abnormal motor development ■ Assessment of the quality of movement in spontaneous motor activity ■ Reflex locomotion as a therapeutic principle ■ From pre-speech to verbal communication ■ Analysis and evaluation of the automatic postural control of the spine as the basis of goal-directed movement ■ The development of infantile cerebral palsy (ICP) ■ Epilepsy in children with ICP ■ The indications for surgery in ICP ■ Signals and behavior in human relationships ■ Opportunities and limitations in treatment using the Vojta Principle ■ Training your perception, precision of self-awareness ■ Stimulation zones, guiding points of resistance, variation of treatment techniques ■ Interaction with the patient under the principle of attentiveness ■ Encourage and promote individual responsibility of the therapist and patient ■ The wide range of treatment applications, daily therapy ■ Aspects of the provision of assistive devices ■ Parent instruction

### Methodology:

Theory is practice-based and analytical  
 ■ Self practical exercises  
 ■ Functional analysis  
 ■ Patient presentations and treatment by the course participants under the guidance and supervision of Vojta Instructors  
 ■ Self experience

### Goal:

Theoretical foundation and practical implementation of the Vojta principle in physiotherapy

### Pre-requisite:

2 years clinical practice as a Physiotherapist

### Target group:

Physiotherapists and medical doctors

### Time-frame:

In total an 8 week course (A, B, C and D course)

### Participation fee:

Euro 4,000.00 / Euro 500.00 per week (in total 8 weeks)

### Venue:

Dept. of Rehabilitation and Development (SPZ 2), DRK-Kinderklinik Siegen, 57072 Siegen, Germany

### Course leadership:

Vojta Instructors and a medical lecturer from the International Vojta Society

### Information for participants:

This training course is conducted by the International Vojta Society (Internationale Vojta Gesellschaft – IVG e.V.). **Interested persons can electronically submit their registration for a place on the course to the International Vojta Society. Email: [info@vojta.com](mailto:info@vojta.com) Internet: [www.vojta.com](http://www.vojta.com)**

### The following documents are required:

1. Curriculum vitae documenting your professional education
2. Current passport size photo
3. Photocopy of your state recognition as a physiotherapist or medical doctor
4. Description of your current work activities
5. List of training courses you have attended and successfully completed in the last two years

### Data protection notice

With your registration you consent to the processing of your personal data within the framework of the course administration.

**The terms and conditions of participation can be viewed on the IVG website: [www.vojta.com](http://www.vojta.com) They will be sent to you with your registration.**